

# 慢性胃炎、消化性溃疡病临床管理路径（草案）

目的：1.实现慢性胃炎、消化性溃疡的规范治疗

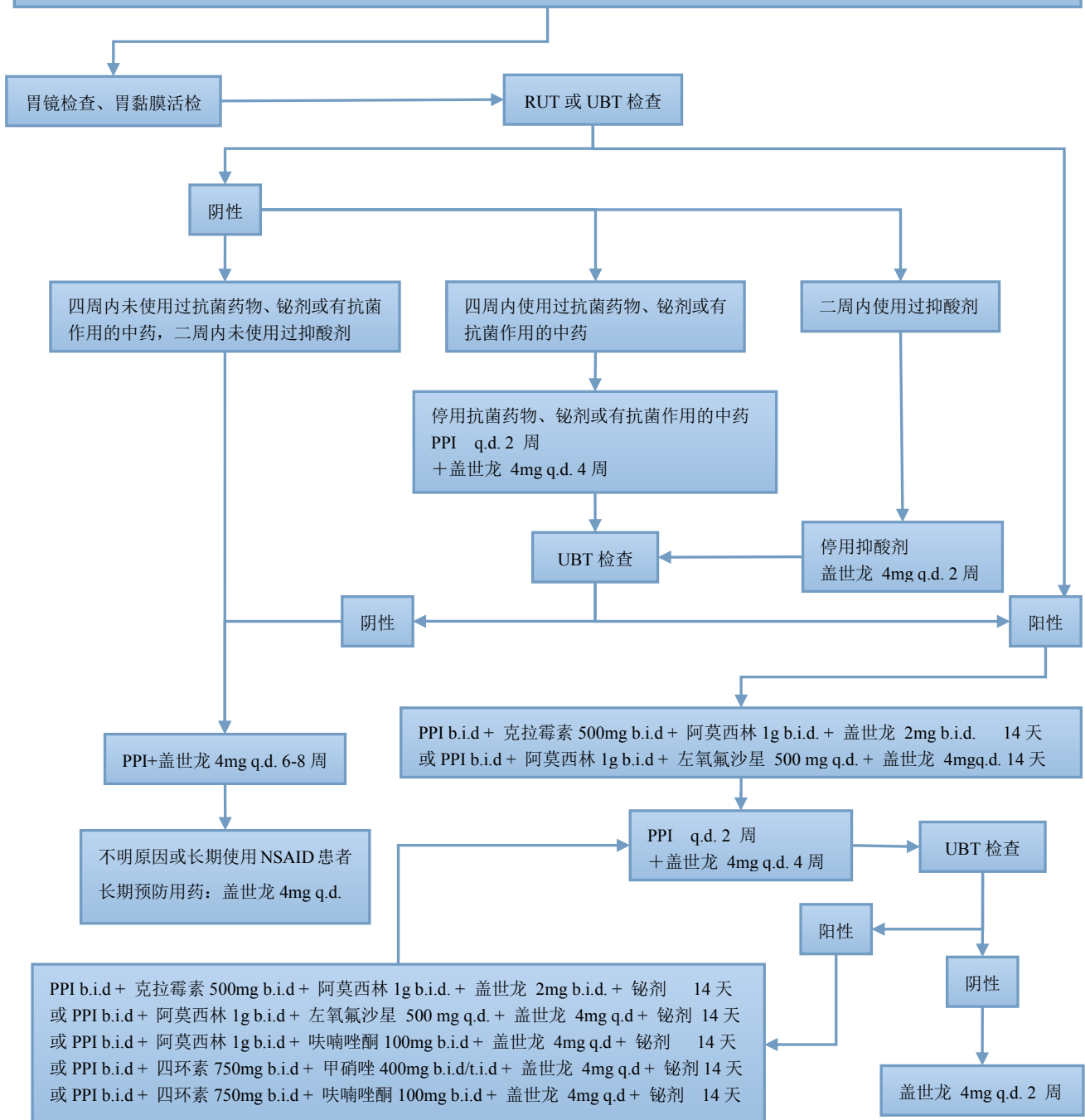
2.快速缓解症状

3.防止 PPI 的不良作用

4.增加 Hp 根除率

症状：

- 中上腹痛、反酸、恶心、厌食、纳差、腹胀等消化道症状
- 腹痛发生与进餐时间关系是鉴别胃与十二指肠溃疡重要临床依据
  - 胃溃疡腹痛多发生在空腹时
  - 十二指肠溃疡常发生在空腹时
  - 抗酸剂、抑酸剂等会使患者出现不典型症状
  - NSAID—溃疡以症状者居多，部分以上消化道出血为首发症状，或表现为恶心、厌食、纳差、腹胀等消化道非特异性症状



注：NSAID：非甾体类抗炎药；PPI：质子泵抑制剂

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